



Well Being

Hygiene Policy

It is very important to prevent the spread of germs and illnesses that hygiene procedures are in place and strictly adhered to.

Children are encouraged to wash their hands after going to the toilet, touching animals and playing outside. They must also wash their hands before eating any meals or snacks.

I will assist the children in hand washing, ensuring that they are washing and drying them correctly.

I will provide each child with a clean towel in the bathroom each day.

I am happy to help children to clean their teeth after meals if you provide me with a toothbrush and paste.

I will assist children with wiping their noses when they have colds and try to teach them how to blow their noses. I will explain to them the importance of safely throwing away dirty tissues to prevent the spread of germs. I will also encourage them to put their hand over their mouths when they cough.

As per the HPA - Health Protection Agency guidelines I will not mind a child who has had an upset stomach in the last 48 hours.

I will disinfect my changing mat between each change of a child's nappy.

I will follow strict hygiene routines in my kitchen, ensuring that my fridge is at the correct temperature and that food is stored correctly in it, on a daily basis I read the temperatures of every fridge and freezer in my setting and record these temperatures onto the Baby's Days system.

I am registered with the environmental health agency and have a copy of: Safer food, better business for childminders which I have regard to.

In order for me to carry out these procedures effectively I will need you to provide me with enough resources, for example nappies, labelled cream, spare clothes for the children etc. I also request that you let me know if your child is feeling or has been unwell.

BRUSHING TEETH PERMISSION

I CONFIRM THAT I HAVE READ AND AGREED TO THE TEETH CLEANING SECTION ABOVE.

I GIVE THE CHILDMINDER PERMISSION TO SUPPORT MY CHILD WITH BRUSHING THEIR TEETH, I UNDERSTAND THAT THIS ACTIVITY WILL BE CARRIED OUT AFTER EACH MEAL THEY HAVE AT THE SETTING EXCLUDING SNACKS.

I CONFIRM THAT I WILL PROVIDE A SUITABLE TOOTHBRUSH AND SUFFICIENT PASTE FOR MY CHILD TO USE AT EACH SESSION THEY ATTEND AT THE SETTING.

PARENT/CARER SIGNATURE:

DATE: